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| **Grade Level*****PHYSICAL EDUCATION (K-5)*** |  |   | **Date: Sept. 4 –Sept. 29, 2017**  |
| **Common Core Standards** | **Learning Target** | **Strategies/Activities** | **Questioning** |
| 2.31 Students demonstrate the knowledge and skills needed to remain physically healthy.2.34 Students perform physical movement skills effectively in a variety of settings.4.1 Students effectively use interpersonal skills.E1.4-5b Uses various locomotor skills in a variety of small-sided practice tasks.Standard 1 (E13.1 Throws underhand, demonstrating 2 of the 5 critical elements of a mature pattern.Standard 1 (E13.2) Throws underhand to a partner or target with reasonable accuracy.Standard 1 (E13.3, 5a & b Throws underhand or overhand to a partner or target with reasonable accuracy.Standard 1 (E14.3-5b) Throws overarm, demonstrating three of the five critical elements of a mature pattern.Standard 1 (E16.3-5) Catches a gently tossed hand-sized ball from a partner.Standard 1 (E25.3; E25.4; E25.6)Strikes an object with a long-handled implement.Standard 1 ( E26.4; E26.5)Combines traveling with the manipulative skills of throwing, catching, and striking. | Monday  |  |
| **(K-2) –** I will be able to throw underhanded to a partner or to a target.**3-5) –** I will be able to throw underhanded or overhanded to a partner.I will be able to catch a ball from a partner.I will be able to strike a ball using a bat. | **(K-2) –** (warm-up): Jedi Noodle Battle* Throwing underhand to targets
* Operation Hoop Removal
* Hungry, Hungry Monsters

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) -** (Warm-up Jedi Noodle Battle* Two Ball Tossers
* Batter Up

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | Can you remember the cues for throwing (Underhand/overhand)? How about catching?How does where you catch the ball (high/low) affect how you catch it? |
| Tuesday |  |
|   **(K-2) –** I will roll and catch a ball with a partner.I will be able to roll a ball with accuracy.**(3-5) –** I will safely transition from batting to running.I will demonstrate responsible behaviors throughout this activity. | **(K-2) –** (warm-up): Foot Whacker* Rolling and Catching with a Partner
* Aerobic Bowling
* Partner Throw and Catch Challenges
* Hoop to Hoop

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) –** (warm-up): Foot Whacker* Partner Throw and Catch Challenge
* Hoop to Hoop
* Baseball Tag

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | ?Which ones would we include on a list of fitness components related to bat and ball games? |
| Wednesday  |  |
| **(K** **-2) –** I will be able to throw underhanded/overhanded to a target.I will be able to choose a station and cooperate with others.**(3-5) –** I will be able to throw underhanded/overhanded to a target. I will be able to choose a station and cooperate with others. | **(K-2) –** Warm-up: Walk 1/Jog 1 (foot W\* Fill the Cookie Jar\*Wacky Wednesday (Stations of Choice)***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) –** (Warm-up): Walk 1/Jog 1\* Fill the Cookie Jar\*Wacky Wednesday (Stations of Choice) ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | Do you think it’s important to have input/say in what you get to do in P.E. and why? |
| Thursday |  |
|  **(K-2) –** I will be able to improve my fitness.**(3-5) -** I will be able to improve my cardiovascular endurance and to improve upper body and core strength. | **(K-2) –** (warm-up): Stuck in the Mud* Fitness Stations: Cardio/strength/skill related (Developmentally appropriate for each grade level.

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) -** (warm-up): Stuck in the Mud* Fitness Stations: Cardio/Strength/Skill related (Developmentally appropriate for each grade level.

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | Which fitness stations are locomotor and non-locomotor? Explain your reasoning.What is health related fitness? What is skill related fitness |
| Friday |  |
|  **(K-2) –** I will be able to throw underhanded/overhanded with the opposite foot while being introduced to the concept of effort/force.**(3-5) –** I will be able to throw overhanded at specific targets.I will be able transition safely from batting to running to fielding a ball.I will be able to follow directions and cooperate with others. | **(K-2) –** (warm-up): Octopus* Overhand Throw for distance
* Throw and Retrieve
* Wall Challenge
* Earn a Polyspot
* Aliens vs. Astronauts

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) -** (warm-up): Octopus* Aliens vs. Astronauts
* Wiffle Ball

***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | How is throwing related to sports like softball and baseball? How is catching related? |

**\*\*\* See Special Ed Related Arts Folder in Room for Accommodations**