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| **Grade Level**  ***PHYSICAL EDUCATION (K-5)*** |  |  | **Date: August 9 – September 1, 2017** |
| **Common Core Standards** | **Learning Target** | **Strategies/Activities** | **Questioning** |
| 2.31 Students demonstrate the knowledge and skills needed to remain physically healthy.  2.34 Students perform physical movement skills effectively in a variety of settings.  4.1 Students effectively use interpersonal skills. | Monday | |  |
| **(K-2) -** I will be able to demonstrate classroom expectations.  I will be able to identify my personal space and general space.  **3-5) –** I will be able to demonstrate classroom expectations.  I will be able to explain the benefits of physical education. | **(K-2) – *Warm-up:*** Switch Sides If……  \*\*Review Gym Expectations and Procedures  \*\*Personal Space Game with spot markers  \*\*Read aloud, The Gym Teacher from the Black Lagoon  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) – *Warm-up:*** Switch Sides if…….  \*\*Review Gym Expectations and Procedures  \*\*Discussion about importance of physical education  \*\*Movement Cards; Introduce yourself and switch cards. When time is up, perform movement on card.  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Why is it important for each of us to have our own personal space? What can you do to stay safe in your personal space?  **(3-5) –** Why is physical education important? |
| Tuesday | |  |
| **(K-2) -** I will be able to perform various  Locomotor movements.    **(3-5) –** I will be able to perform a Fitness Test, “My Personal Best” to establish a baseline for future progress | **(K-2) – *Warm-up:*** I see, I see …..  \*\*Name Game (acting out favorite activity/manipulative)  \*\* Social Skills: (K) – Kindness; (1) – Courtesy; (2) – Self-Control  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) – *Warm-up:*** Rock, Paper, Scissors with cones  \*\*Name Game with manipulative  \*\* Social Skills: (3) – Responsibility; (4) – Encouragement; (5) Competition  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are some ways you can show kindness, courtesy, and self-control?  **(3-5) –** What are some ways you can show responsibility, encouragement and competition? |
| Wednesday | |  |
| **(K-2) –** I will be able to choose a station and cooperate with others.  **(3-5) –** I will be able to choose a station, cooperate with others, and accept challenges. | **(K-2) -**  ***Warm –up:*** Walk-a-lap/Jog-a-lap  \*\*Mingle, Mingle with Body Parts  \*\*“Wacky Wednesday” – student choice of station.  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) – *Warm-up***: Walk-a-lap/Jog-a-lap  \*\*Mingle, Mingle with Body Parts  “Wacky Wednesday” – student choice of station.  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Do you think it’s important to have input/say in what you get to do in P.E. and why?  **(3-5) -** Do you think it’s important to have input/say in what you get to do in P.E. and why? |
| Thursday | |  |
| **(K-2) –** I will be able to follow directions, tag and run safely.  **(3-5) -** I will be able to perform a Fitness Test, “My Personal Best” to establish a baseline for future progress. | **(K-2) – *Warm-up:*** Rock/Paper/Scissors  \*Star Wars Tag  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) - *Warm-up:*** Ready, Set, Go (adding up digits on fingers first moves to next cone.  \*\* Pre-Assessment (My Personal Best Day)  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are locomotor skills? Who can name and demonstrate the 8 basic locomotor skills.  **(3-5) –-** What are goals and Why do you think it’s important to set them? |
| Friday | |  |
| **(K-2) –** I will be able to use locomotor skills in keeping my personal space.  **(3-5) –** I will be able to cooperate with others while performing physical activities. | **(K-2) – *Warm-up:*** Walk, Jog, Run-a-lap  \*\*Movement Concepts using spot markers  \*\*Hearty Hoopla  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) - *Warm-up:*** Walk, Jog, Run-a-lap  \*\* Hearty Hoopla  \*\*Grouping and Making Bridges (Building Bridges/Obstacle Course  \*\*Grouping and Moving Together ( Train Station)  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are the 4 E’s in taking care of your heart?  **(3-5) -** Why is it important to communicate and cooperate with others while in a group? |