|  |  |  |  |
| --- | --- | --- | --- |
| **Grade Level*****PHYSICAL EDUCATION (K-5)*** |  |   | **Date: August 9 – September 1, 2017** |
| **Common Core Standards** | **Learning Target** | **Strategies/Activities** | **Questioning** |
| 2.31 Students demonstrate the knowledge and skills needed to remain physically healthy.2.34 Students perform physical movement skills effectively in a variety of settings.4.1 Students effectively use interpersonal skills. | Monday  |  |
| **(K-2) -** I will be able to demonstrate classroom expectations.I will be able to identify my personal space and general space.**3-5) –** I will be able to demonstrate classroom expectations.I will be able to explain the benefits of physical education. | **(K-2) – *Warm-up:*** Switch Sides If……\*\*Review Gym Expectations and Procedures\*\*Personal Space Game with spot markers\*\*Read aloud, The Gym Teacher from the Black Lagoon***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) – *Warm-up:*** Switch Sides if…….\*\*Review Gym Expectations and Procedures\*\*Discussion about importance of physical education\*\*Movement Cards; Introduce yourself and switch cards. When time is up, perform movement on card.***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Why is it important for each of us to have our own personal space? What can you do to stay safe in your personal space?**(3-5) –** Why is physical education important? |
| Tuesday |  |
|   **(K-2) -** I will be able to perform variousLocomotor movements.**(3-5) –** I will be able to perform a Fitness Test, “My Personal Best” to establish a baseline for future progress | **(K-2) – *Warm-up:*** I see, I see …..\*\*Name Game (acting out favorite activity/manipulative)\*\* Social Skills: (K) – Kindness; (1) – Courtesy; (2) – Self-Control***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) – *Warm-up:*** Rock, Paper, Scissors with cones\*\*Name Game with manipulative\*\* Social Skills: (3) – Responsibility; (4) – Encouragement; (5) Competition***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are some ways you can show kindness, courtesy, and self-control?**(3-5) –** What are some ways you can show responsibility, encouragement and competition? |
| Wednesday  |  |
|  **(K-2) –** I will be able to choose a station and cooperate with others. **(3-5) –** I will be able to choose a station, cooperate with others, and accept challenges. | **(K-2) -**  ***Warm –up:*** Walk-a-lap/Jog-a-lap\*\*Mingle, Mingle with Body Parts\*\*“Wacky Wednesday” – student choice of station.***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) – *Warm-up***: Walk-a-lap/Jog-a-lap\*\*Mingle, Mingle with Body Parts“Wacky Wednesday” – student choice of station. ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Do you think it’s important to have input/say in what you get to do in P.E. and why?**(3-5) -** Do you think it’s important to have input/say in what you get to do in P.E. and why? |
| Thursday |  |
|  **(K-2) –** I will be able to follow directions, tag and run safely.**(3-5) -** I will be able to perform a Fitness Test, “My Personal Best” to establish a baseline for future progress. | **(K-2) – *Warm-up:*** Rock/Paper/Scissors\*Star Wars Tag***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) - *Warm-up:*** Ready, Set, Go (adding up digits on fingers first moves to next cone.\*\* Pre-Assessment (My Personal Best Day)***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are locomotor skills? Who can name and demonstrate the 8 basic locomotor skills. **(3-5) –-** What are goals and Why do you think it’s important to set them? |
| Friday |  |
|  **(K-2) –** I will be able to use locomotor skills in keeping my personal space.**(3-5) –** I will be able to cooperate with others while performing physical activities. | **(K-2) – *Warm-up:*** Walk, Jog, Run-a-lap\*\*Movement Concepts using spot markers\*\*Hearty Hoopla***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) - *Warm-up:*** Walk, Jog, Run-a-lap\*\* Hearty Hoopla\*\*Grouping and Making Bridges (Building Bridges/Obstacle Course\*\*Grouping and Moving Together ( Train Station)***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are the 4 E’s in taking care of your heart? **(3-5) -** Why is it important to communicate and cooperate with others while in a group? |