|  |  |  |  |
| --- | --- | --- | --- |
| **Grade Level*****PHYSICAL EDUCATION (K-5)*** |  |   | **Date: August 8 – August 31, 2018** |
| **Common Core Standards** | **Learning Target** | **Strategies/Activities** | **Questioning** |
| 2.31 Students demonstrate the knowledge and skills needed to remain physically healthy.2.34 Students perform physical movement skills effectively in a variety of settings.4.1 Students effectively use interpersonal skills.\ | Monday  |  |
| **(K-2) –** I will be able to demonstrate classroom expectations.I will be able to identify my personal space and general space.**3-5) –** I will be able to explain the benefits of physical education.I will be able to demonstrate classroom expectations. | **(K-2) –** Warm-Up:\*\* Classroom Expectations\*\* Personal Space/General Space\*\*Name Game***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) -** Warm-Up:\*\*Classroom Expectations\*\*Benefits of Physical Education\*\* Name Game***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Why is it important for each of us to have our own personal space? What can you do to stay safe in your personal space?**(3-5) -** Why is physical education important? |
| Tuesday |  |
|   **(K-2) –** I will be able to demonstrate personal space and general space.I will be able to move creatively.**(3-5) –** I will be able to follow cues and form pairs and groups quickly. | **(K-2) –** Warm-Up: (Moving like a Robot, Bear, Plane, etc.)\*\*Personal Space Review\*\*Moving Creatively around Home Space (sizzle, splash, dive, swim, pour, sneak, melt, reach, spin, stretch, hammer, fall and twist)***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) –** Warm-Up: Perimeter Move\*\*Establishing Basics: (Pairing/Grouping; Back to Back and (Mingle Mingle)\*\* Switch sides if***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are some ways you can show kindness, courtesy and self-control?**(3-5) -** What are some ways you can show responsibility, encouragement and competition? |
| Wednesday  |  |
|  **(K-2) –** I will be able to follow directions, choose a station and cooperate with others.**(3-5) –** I will be able to follow directions, choose a station and cooperate with others. | **(K-2) –** Warm-Up:\*\* Wacky Wednesday (Student choice of stations)***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) –** Warm-Up:\*\* Wacky Wednesday (Student choice of stations) ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Do you think it is important to have input/say in what you get to do in P.E. and why?**(3-5) -** Do you think it is important to have input/say in what you get to do in P.E. and way? |
| Thursday |  |
|  **(K-2) -**I will be able to use various locomotor skills in different directions and at different levels**(3-5) -** I will be able to use my listening skills to gain trust and cooperate with others. | **(K-2) –** Warm-Up:\*\*Locomotor skills, Levels and directions: Walking, running, jumping, hopping, galloping, skipping, side sliding and leaping***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) -** Warm-Up:\*\*Cooperation and Trust  Barnyard Houdini Hoops***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are locomotor skills? Who can name and demonstrate the 8 basic locomotor skills? **(3-5) –** What does it mean to cooperate and trust someone? Give some examples. |
| Friday |  |
|  **(K-2) -** I will be able to explore moving in different pathways such as straight, zigzag and curved.**(3-5) –** I will be able to define golf termsI will be able to throw for distance and accuracy.I will be able to cooperate and accept a challenge. | **(K-2) –** Warm-Up: (Perimeter Moves using skills from previous lesson)\*\*Pathways and Creative Moves\*\*Locomotor Challenges***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP****(3-5) -** Warm-Up: (Perimeter Move; Zig Zag and Diagonal)\*\*Aerobic Golf\*\*Hearty Hoopla***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Why do you think we get up and move around? What are the 4 E’s in taking care of your heart?**(3-5) -** What is the difference between and locomotor and non-locomotor skill? Why is it important to cooperate with others while in a group? |

**\*\*\* See Special Ed Related Arts Folder in Room for Accommodations**