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| **Grade Level**  ***PHYSICAL EDUCATION (K-5)*** |  |  | **Date: August 8 – August 31, 2018** |
| **Common Core Standards** | **Learning Target** | **Strategies/Activities** | **Questioning** |
| 2.31 Students demonstrate the knowledge and skills needed to remain physically healthy.  2.34 Students perform physical movement skills effectively in a variety of settings.  4.1 Students effectively use interpersonal skills.  \ | Monday | |  |
| **(K-2) –** I will be able to demonstrate classroom expectations.  I will be able to identify my personal space and general space.  **3-5) –** I will be able to explain the benefits of physical education.  I will be able to demonstrate classroom expectations. | **(K-2) –** Warm-Up:  \*\* Classroom Expectations  \*\* Personal Space/General Space  \*\*Name Game  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) -** Warm-Up:  \*\*Classroom Expectations  \*\*Benefits of Physical Education  \*\* Name Game  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Why is it important for each of us to have our own personal space? What can you do to stay safe in your personal space?  **(3-5) -** Why is physical education important? |
| Tuesday | |  |
| **(K-2) –** I will be able to demonstrate personal space and general space.  I will be able to move creatively.  **(3-5) –** I will be able to follow cues and form pairs and groups quickly. | **(K-2) –** Warm-Up: (Moving like a Robot, Bear, Plane, etc.)  \*\*Personal Space Review  \*\*Moving Creatively around Home Space (sizzle, splash, dive, swim, pour, sneak, melt, reach, spin, stretch, hammer, fall and twist)  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) –** Warm-Up: Perimeter Move  \*\*Establishing Basics: (Pairing/Grouping; Back to Back and (Mingle Mingle)  \*\* Switch sides if  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are some ways you can show kindness, courtesy and self-control?  **(3-5) -** What are some ways you can show responsibility, encouragement and competition? |
| Wednesday | |  |
| **(K-2) –** I will be able to follow directions, choose a station and cooperate with others.  **(3-5) –** I will be able to follow directions, choose a station and cooperate with others. | **(K-2) –** Warm-Up:  \*\* Wacky Wednesday (Student choice of stations)  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) –** Warm-Up:  \*\* Wacky Wednesday (Student choice of stations)  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Do you think it is important to have input/say in what you get to do in P.E. and why?  **(3-5) -** Do you think it is important to have input/say in what you get to do in P.E. and way? |
| Thursday | |  |
| **(K-2) -**  I will be able to use various locomotor skills in different directions and at different levels  **(3-5) -** I will be able to use my listening skills to gain trust and cooperate with others. | **(K-2) –** Warm-Up:  \*\*Locomotor skills, Levels and directions:  Walking, running, jumping, hopping, galloping, skipping, side sliding and leaping  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) -** Warm-Up:  \*\*Cooperation and Trust  Barnyard  Houdini  Hoops  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** What are locomotor skills? Who can name and demonstrate the 8 basic locomotor skills?  **(3-5) –** What does it mean to cooperate and trust someone? Give some examples. |
| Friday | |  |
| **(K-2) -**  I will be able to explore moving in different pathways such as straight, zigzag and curved.  **(3-5) –**  I will be able to define golf terms  I will be able to throw for distance and accuracy.  I will be able to cooperate and accept a challenge. | **(K-2) –** Warm-Up: (Perimeter Moves using skills from previous lesson)  \*\*Pathways and Creative Moves  \*\*Locomotor Challenges  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP**  **(3-5) -** Warm-Up: (Perimeter Move; Zig Zag and Diagonal)  \*\*Aerobic Golf  \*\*Hearty Hoopla  ***DELIVERY METHOD:* DEMO/MODEL; HANDS-ON; SMALL GROUP; PARTNERS; INDEPENDENT; WHOLE GROUP** | **(K-2) –** Why do you think we get up and move around? What are the 4 E’s in taking care of your heart?  **(3-5) -** What is the difference between and locomotor and non-locomotor skill? Why is it important to cooperate with others while in a group? |

**\*\*\* See Special Ed Related Arts Folder in Room for Accommodations**